

MAST

	Yes	No
0. Do you enjoy a drink every now and then?	___	___
1. Do you feel you are a normal drinker? (By normal we mean you drink less than or as much as most other people)	___	___
2. Have you awakened the morning after some drinking the night before and found that you could not remember a part of the evening?	___	___
3. Does your wife, husband, parent, or significant other ever worry or complain about your drinking?	___	___
4. Can you stop drinking without a struggle after one or two drinks?	___	___
5. Do friends or relatives think you are a normal drinker?	___	___
6. Are you able to stop drinking when you want to?	___	___
7. Have you ever attended a meeting of Alcoholics Anonymous (AA)?	___	___
8. Have you gotten into physical fights when drinking?	___	___
9. Has your drinking ever created problems between you and your wife, husband, parent, significant other?	___	___
10. Has your wife, husband, parent, or significant other gone to anyone for help about your drinking?	___	___
11. Have you ever lost friends because of your drinking?	___	___
12. Have you gotten into trouble at work because of your drinking?	___	___
13. Have you ever lost your job because of drinking?	___	___
14. Have you ever neglected your obligations, your family, or work for more than two days in a row because you were drinking?	___	___
15. Do you drink before noon very often?	___	___
16. Have you ever been told you have liver trouble or cirrhosis?	___	___
17. After heavy drinking, have you ever had DTs or delirium tremens? (severe shaking, heard voices or seen things that were not really there?)	___	___
18. Have you ever gone to anyone for help about your drinking?	___	___
20. Have you ever been a patient in a psychiatric hospital or on a psychiatric ward of a general hospital where drinking was a part of the problem that resulted in hospitalization?	___	___
21. Have you ever been to a psychiatric or mental health clinic or gone to any doctor, social worker, or clergyman for help with any emotional problem where drinking was part of the problem?	___	___
22. Have you ever been arrested for drunk driving, driving while intoxicated, or driving under the influence of alcoholic beverages?	___	___
23. Have you ever been arrested or taken into custody, even for a few hours, because of other drunken behavior?	___	___